

English Transcript

Discover How God Has SHAPED You for Ministry

Lesson 4: SHAPE Assessment – Heart

Welcome back to Discover How God Has SHAPED You for Ministry. We are continuing in Lesson 4 and the SHAPE Assessment. In Lesson 3 we explained the concept of the acrostic using the five letters in the English word for SHAPE that is spelled, S-H-A-P-E.

Each letter of the word stands for a different aspect of how God has been forming or shaping you, by His grace, to serve Him and glorify Him.

The letters “S” stands for **Spiritual Gifts**.

The letter “H” stands for **Heart or passions** that God has given you.

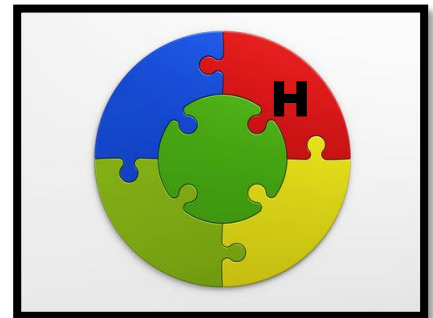
The letter “A” stands for **natural Abilities** that God has blessed you with. These are the things you do well.

The letter “P” stands for **Personality**. These are the unique personality traits that God has planted within you.

The letter “E” stands for **life Experiences**. There are the experiences, good, bad, encouraging, discouraging, trials, challenges and successes that God has brought you through.

In this lesson, we will walk you through your second discovery activity to understand your true passions that God has placed on your heart.

God has given each of us a unique emotional desire and motivation to make a difference in the world. Although God cares about every need, we instinctively care about some things more than others. When we serve in our area(s) of passion we are effective, energized, and our commitment is a joy.



You receive a phone call. The person says, “I have some good news and some bad news. The bad news is that you have just been fired from your job. The good news is that I want to give you a new job and it will be literally the job of your dreams. Describe this job and it is yours.” What would you say?

What is it in life that really gets you excited?

Describe one of your most fulfilling and enjoyable achievements. What did you do? What encouragement did you get from others? How did you feel while you were doing it?

How would your closest friends and family describe what you are most passionate about?

Your answers to these questions will provide some insight into your passions.

On pages 18-20 in your handout, I will walk you through a short discovery activity to begin to assess possible areas of passion for you. We will look at three different areas in life. We will first look at various roles you might have played and what has stirred your heart, Second we will look at different groups of people that you are drawn to. And the third assessment will explore different causes that get you excited or motivated to respond to.

God has a purpose in giving you your inborn passions and interests. In fact, your emotional heartbeat reveals a very important key to understanding God's design and intention for your life. These heartbeats are described as passions in three different areas – Roles, People, and Causes.

Assessment #1: Heart Passion for a ROLE

As I read through this short list of different roles, put a check mark next to the roles that you find fulfilling. If none apply to you or you think of other roles not listed, write them down on the "other" line at the end of the assessment. Let's begin the Roles Assessment.

"I love to...

1. DESIGN/DEVELOP: I love to make something out of nothing. I enjoy getting something started from scratch.
2. PIONEER: I love to test and try out new concepts. I am not afraid to risk failure.
3. ORGANIZE: I love to bring order out of chaos. I enjoy organizing something that is already started.
4. OPERATE/MAINTAIN: I love to efficiently maintain something that is already organized.
5. SERVE/HELP: I love to assist others in their responsibility. I enjoy helping others succeed.
6. ACQUIRE/POSSESS: I love to shop, collect or obtain things. I enjoy getting the highest quality for the best price.
7. EXCEL: I love to be the best and make my team the best. I enjoy setting and attaining the highest standard.
8. INFLUENCE: I love to convert people to my way of thinking. I enjoy shaping the attitudes and behavior of others.
9. PERFORM: I love to be on stage and receive the attention of others. I enjoy being in the limelight.
10. IMPROVE: I love to make things better. I enjoy taking something that someone else has designed or started and improve it.
11. REPAIR: I love to fix what is broken or change what is out of date.
12. LEAD/BE IN CHARGE: I love to lead the way, oversee and supervise. I enjoy determining how things will be done.

13. PERSEVERE: I love to see things to completion. I enjoy persisting at something until it is finished.
14. FOLLOW THE RULES: I love to operate by policies and procedures. I enjoy meeting the expectations of an organization or boss.
15. PREVAIL: I love to fight for what is right and oppose what is wrong. I enjoy overcoming injustice.

Use this OTHER category to write down any roles that may not be listed.

For me, my top 3-4 role passions revolve around Design/Develop, Organize, and Perform and Preserve. I have found that I am creative, and I enjoy taking things that are unorganized and creating order, function, and purpose from them. I also enjoy presenting the benefits of this new system and helping others to begin to use and benefit from this new process. I am not discouraged by things that take time to develop.

I encourage you to stop the audio recording now and take a few minutes to pray and then identify your top few **ROLE** passions (focus on your top 3). Then write them on your SHAPE Profile on page 27 in your handout. When you have completed this step, restart the audio and we will continue with the second passion assessment.

Welcome back? We will continue with your Heart Passion for specific groups of People.

Assessment #2: Heart Passion for Specific PEOPLE

Similar to the first assessment, I will read through a list a different groups of people. Please write a check mark next to those groups on whom you feel can have the greatest impact. These are groups that you are drawn to and enjoy serving and helping.

1. Infants
2. Toddlers
3. Preschool Children
4. Elementary Children
5. Teenage Students
6. University Students
7. Young Adults
8. Singles
9. Young Married couples
10. Married Couples with children
11. Single Parents
12. Families
13. Women
14. Men

15. Farmers/Shepherds
16. Business men and women
17. Prisoners
18. Older Adults
19. Sick/Shut-ins
20. Special Needs/Disabled
21. Military
22. Athletes
23. Widowed people
24. Other groups of people not listed:

For me, I noticed that I have a passion for married couples, new leaders in the church who are looking to grow spiritually, children. Over the past twenty years, God has developed a passion within me for the people of Senegal and Gambia as well.

I encourage you to stop the audio recording now and take a few minutes to pray and then identify your top few **PEOPLE** passions (focus on your top 3). Then write them on your SHAPE Profile on page 27 in your handout. When you have completed this step, restart the audio and we will continue with the third and final passion assessment.

Welcome back? We will continue with your Heart Passion for specific CAUSES.

Assessment #3: Heart Passion for Specific CAUSES.

Similar to the first two assessments, I will read through a list of causes in the world today. Please write a check mark next to those causes that motivate and inspire you.

1. Abortion
2. Abuse/Violence
3. At Risk Children
4. Athletics
5. Blindness
6. Breast Cancer
7. Business
8. Cancer
9. Career Planning
10. Deafness
11. Disabilities
12. Divorce Recovery
13. Drug and Alcohol Recovery

14. Education
15. Environment
16. Ethics
17. Euthanasia
18. Evangelism
19. Families/Marriage
20. Financial Planning
21. Grief Recovery
22. Homelessness
23. Health and Wellness
24. Support for the sick
25. Law and Justice
26. Mediation of conflicts
27. Mobilizing volunteers
28. Music and Art
29. Parenting
30. Prayer
31. Race relations
32. Relief efforts
33. Science and Technology
34. Sexuality and Gender Issues
35. Urban Missions
36. Worship
37. World Missions
38. Other cause not listed:

The results of my Cause assessment revealed a passion for Missions, Equipping/Teaching, Family and Marriages, and Prayer.

I encourage you to stop the audio recording once more and take a few minutes to pray and then identify your top few **Cause** passions (focus on your top 3). Then write them on your SHAPE Profile on page 27 in your handout. When you have completed this step, restart the audio and we will conclude this lesson with some summary thoughts.

Welcome Back?

You have now identified a few potential areas of passion related to Roles you might play, different groups of people you are drawn to, and specific causes that motivate you to support. These passions are just part of your SHAPE Profile and will help you determine how God has already been shaping or preparing you for ministry.

When we return for Lesson 5, we will continue with the next part of the SHAPE assessment as we discover how God has already gifted you with natural abilities.